

Original

HealthTrac Family Wellness

Patient History Information

Please complete this form and then return to the receptionist.

- Please PRINT -

Por Favor complete esta forma y regresela a la recepcionista.

Date/ Fecha: _____ Patient No: _____

Last Name Apellido: _____ First and Middle Name Primer Nombre: _____ Height: Altura: _____ "

Age/ Edad: _____ Date of Birth/ Fecha de Nacimiento: _____ Male/Masculino Female/Femenino Weight: Peso: _____ lb.

Home Address/ Direccion: _____

City/ Ciudad: _____ State/ Estado: _____ Zip Code/ Postal: _____

Telephone Home Casa: _____ Work Trabajo: _____ Mobile Celular: _____

Social Security # Seguro Social: _____ Email Email: _____

Occupation/ Ocupacion: _____ Employer/Empleador: _____

Full-Time Job Empleado Part-Time Job Medio Tiempo Multiple Jobs Multiples Trabajos Employed Trabajador Independiente Retire Retirado Suspended Suspendido Unemployed Desempleado

Work Address/ Direccion de Trabajo: _____

City/ Ciudad: _____ State/ Estado: _____ Zip code/ Postal: _____

Marital Status/ Estado Marital: Single/Soltera Married/Casada Divorced/ Divorciada Widowed/Viuda

Spouse's Name Nombre Esposo: _____ Number of Children Numero de Hijos: _____ Ages Edades: _____

Phone Number/ Telefon: _____

Emergency Contact Person/ Contacto de Emergencia: _____ Phone Number/Telefono: _____

Have you received chiropractic care in the past? Ha recibido cuidado chiropractico en el pasado? Yes/Si No/ No When? Cuando? _____

If yes, please give name of the Chiropractor: Si es si, Proveame el nombre del chiropractor: _____

Please describe the reason for previous care: Por Favor describame la razon de su anterior cuidado: _____

Name of your Medical Doctor Nombre de su Doctor: _____

List the name of your health insurance company: Nombre su aseguranza medica: _____

Policy number is: Numero de la poliza: _____

Reason(s) for seeking chiropractic care starting with the most severe:

Razones por la que busca cuidado chiropractico empieze por el mas severo

Chief Complaint <i>Motivo de la Consulta</i>	Approximate Date Started <i>Dia que Empezo</i>
1. _____	_____
2. _____	_____
3. _____	_____

Areas of injury or discomfort:

Areas que tiene el dano o la molestia

On the following chart please mark area(s) of injury or discomfort (see example). Mark all areas with the appropriate symbols and indicate the degree of pain on a scale from 1 (discomfort) to 10 (extreme pain).

En el dibujo abajo marque el area que tiene el dano o que le molesta (vea el ejemplo) Marque todas las areas apropiadamente con simbolo indicando el dolor empezando con 1 (molestia) con 10 (extremo dolor)

Example

NNNN	Numness entumecimiento
PPPP	Pins & Needles hormigueo
BBBB	Burning ardor
AAAA	Aching Dolor
SSSS	Stabbing Punalada

Circle any area of pain not represented by a symbol.
Circule el area de dolor representada por el simbolo

Right Front Back Left

Please indicate any medications you are currently taking:

Porfavor indique cualquier medicamento que usted este actualmente tomando :

- | | | |
|--|--|--|
| <input type="checkbox"/> Blood pressure/ Presion | <input type="checkbox"/> Steroids/ Esteroides | <input type="checkbox"/> Insulin/ Insulina |
| <input type="checkbox"/> Muscle relaxants/ Relajante Muscular | <input type="checkbox"/> Birth control pills/ Anticopcetiva | <input type="checkbox"/> Antibiotics/ Antibiotico |
| <input type="checkbox"/> Stimulants/ Estimulante | <input type="checkbox"/> Stimulants/ Estimulantes | <input type="checkbox"/> Sleeping Pills/ Pastilla para dormir |
| <input type="checkbox"/> Blood thinners/ Anticoagulante | <input type="checkbox"/> Pain killers (including Aspirin) | |
- Others /Otras:** _____

Name of nutritional supplements and/or dietary aids:

Alguna nutricion suplementaria o ayuda para la alimentacion: _____

Revision de los sistemas, Por favor anote cualquier condicion que halla tenido en el pasado que que tenga ahora :

Now	Past		Now	Past		Now	Past	
<input type="checkbox"/>	<input type="checkbox"/>	Back Pain <i>Dolor espalda</i>	<input type="checkbox"/>	<input type="checkbox"/>	Chest Pain <i>Dolor de Pecho</i>	<input type="checkbox"/>	<input type="checkbox"/>	Difficulty Urinating <i>Dificultad para Orinar</i>
<input type="checkbox"/>	<input type="checkbox"/>	Neck Pain <i>Dolor cuello</i>	<input type="checkbox"/>	<input type="checkbox"/>	Poor Circulation <i>Poca Circuacion</i>	<input type="checkbox"/>	<input type="checkbox"/>	High BP <i>Presion Alta</i>
<input type="checkbox"/>	<input type="checkbox"/>	Shoulder/Arm Pain <i>Dolor de Hombro</i>	<input type="checkbox"/>	<input type="checkbox"/>	Skin Problems <i>Problema de piel</i>	<input type="checkbox"/>	<input type="checkbox"/>	Arrhythmia <i>Arritmia</i>
<input type="checkbox"/>	<input type="checkbox"/>	Hip/Leg Pain <i>Dolor de pierna y cadera</i>	<input type="checkbox"/>	<input type="checkbox"/>	Colon Trouble <i>Problemas del colon</i>	<input type="checkbox"/>	<input type="checkbox"/>	Frequent Infections <i>Infecciones</i>
<input type="checkbox"/>	<input type="checkbox"/>	Sciatica <i>Ciatica</i>	<input type="checkbox"/>	<input type="checkbox"/>	Stomach Trouble <i>Problema del Estomago</i>	<input type="checkbox"/>	<input type="checkbox"/>	Difficulty Breathing <i>Dificultad para respirar</i>
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis <i>Arthritis</i>	<input type="checkbox"/>	<input type="checkbox"/>	Kidney Problems <i>Problema de los rinones</i>	<input type="checkbox"/>	<input type="checkbox"/>	Liver Trouble <i>Problema del higado</i>
<input type="checkbox"/>	<input type="checkbox"/>	Asthma <i>asma</i>	<input type="checkbox"/>	<input type="checkbox"/>	Easy Bruising <i>Hematomas</i>	<input type="checkbox"/>	<input type="checkbox"/>	Pregnancy <i>Embarazada</i>
<input type="checkbox"/>	<input type="checkbox"/>	Prostate Problems <i>Problema de la prostata</i>				<input type="checkbox"/>	<input type="checkbox"/>	Menstrual Problems <i>Problema menstrual</i>
<input type="checkbox"/>	<input type="checkbox"/>	None of the above <i>Ninguno</i>	<input type="checkbox"/>	<input type="checkbox"/>	None of the above <i>Ninguno</i>	<input type="checkbox"/>	<input type="checkbox"/>	None of the Above <i>Ninguno</i>

Have you ever: Alguna vez:

Comments: Comentarios:

Had any accidents, falls, traumas, or injuries:

accidentes, caidas, traumas :

Yes/Si No

Been hospitalized/ Ha estado Hospitalizado : Yes/Si No

Had a broken bone / Algun hueso roto: Yes/Si No

Had surgery / Ha tenido cirugia: Yes/Si No

Been treated for an emotional disorder

Ha estado en tratamiento para un trastorno emocional: Yes/Si No

Been bedridden for more than a week

Ha estado postrado en una cama por mas de una semana: Yes/Si No

Health/Risk Factors / Riesgo de Salud Factores:

Comments / Comentarios:

Do you smoke? Fuma? Yes/Si No

Do you drink alcohol? Toma alcohol Yes/Si No

Do you have a healthy diet?

Tiene una dieta saludable? Yes/Si No

Do you exercise regularly?

Hace ejercicios regulares? Yes/Si No

Do you sleep well? Duerme bien? Yes/Si No

Is your job stressful?

Es su trabajo estresante? Yes/Si No

Do you drink caffeine? Tomas cafeina? Yes/Si No

What is your dominate hand?

Cual es tu mano dominate? Right / Derecha

If yes Occasional Light Medium Heavy

If yes Once/Week 2-5 Times/Week Daily

If yes Occasional 3-5 Times/Week Daily

If yes Occasional Daily

Left / Izquierdo Both /Ambidextro

Can you think of any other habit or activity that has a positive or negative effect on your health? Yes/Si No

Puede usted pensar en otra actividad o habito que le produzca un efecto negativo o positivo en su salud?

Informed Consent for Chiropractic Care

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working for the same objective. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment. You have the right, as a patient, to be informed about the condition of your health and the recommended care and treatment to be provided so that you may make the decision whether or not to undergo chiropractic care after being advised of the known benefits, risks and alternatives.

Chiropractic is a science and art which concerns itself with the relationship between structure (primarily the spine) and function (primarily the nervous system) as that relationship may effect the restoration and preservation of health. Health is a state of optimal physical, mental and social well-being, not merely the absence of disease or infirmity.

One disturbance to the nervous system is called a vertebral subluxation. This occurs when one or more of the 24 vertebrae in the spinal column become misaligned and/or do not move properly. This causes alteration of nerve function and interference to the nervous system. This may result in pain and dysfunction or may be entirely asymptomatic.

Subluxations are corrected and/or reduced by an adjustment. An adjustment is the specific application of forces to correct and/or reduce vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine. Adjustments are usually done by hand but may be performed by handheld instruments. In addition, ancillary procedures such as physiotherapy and/or rehabilitative procedures may be included.

If during the course of care we encounter non-chiropractic or unusual findings, we will advise you of those findings and recommend that you seek the services of another health care provider.

All questions regarding the doctor's objective pertaining to my care in this office have been answered to my complete satisfaction. The benefits, risks and alternatives of chiropractic care have been explained to me to my satisfaction. I have read and fully understand the above statements and therefore accept chiropractic care on this basis.

Print Name

Signature

Date

Consent to evaluate and adjust a minor child:

I, _____ being the parent or legal guardian of _____ have read and fully understand the above Informed Consent and hereby grant permission for my child to receive chiropractic care.

Pregnancy Release:

This is to certify that to the best of my knowledge I am not pregnant and the above doctor and his/her associates have my permission to perform an x-ray evaluation. I have been advised that x-ray can be hazardous to an unborn child.

Date of last menstrual cycle: _____

Signature

Date

HealthTrac Family Wellness, Inc

On Track to Great Health

Consent For Purposes of Treatment, Payment, and Healthcare Operations

I consent to the use or disclosure of my protected health information by **HealthTrac Family Wellness** (also HTFW) for the purpose of diagnosing or providing treatment to me, obtaining payment for my healthcare bills or to conduct healthcare operations of **HTFW**. I understand that diagnosis or treatment of me by **Dr. George Hui, D.C.** may be conditioned upon my consent as evidenced by my signature on this document.

I understand I have the right to request a restriction as to how my protected health information is used or disclosed to carry out treatment, payment, or healthcare operations of the practice. **HealthTrac Family Wellness** is not required to agree to the restrictions that I may request. However, if **HTFW** agrees to a restriction that I request, the restriction is binding on **HTFW** and **Dr. George Hui, D.C.**

I have the right to revoke this consent, in writing, at any time, except to the extent that **Dr. George Hui, D.C.** or **HTFW** has taken action in reliance on this consent.

My "protected health information" means health information, including my demographic information, collected from me and created or received by my physician, another healthcare provider, a health plan, my employer or a healthcare clearinghouse. This protected health information relates to my past, present, or future physical or mental health or condition and identifies me, or there is a reasonable basis to believe the information may identify me.

I understand I have a right to review **HTFW's** Notice of Privacy Practices prior to signing this document. The **HTFW's** Notice of Privacy Practices has been provided to me. The Notice of Privacy Practice describes the types of uses and disclosures of my protected health information that will occur in my treatment, payment of my bills or in the performance of healthcare operations of **HTFW**. This Notice of Privacy Practice also describes my rights and **HTFW's** duties with respect to my protected health information.

HealthTrac Family Wellness reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practice by calling the office and requesting a revised copy be sent in the mail or asking for one at the time of my next appointment.

Signature of Patient or PR/ Date

Please Print Name of Patient or PR

Description of Personal Representative's Authority

HealthTrac Family Wellness, Inc.

Authorization for Use or Disclosure of Information for Purposes Requested by Chiropractor

In this document, "I" and "my" refer to the patient,
and "Chiropractor" refers to HealthTrac Family Wellness.

I hereby authorize Chiropractor to (check those that apply):

_____ use the following protected health information, and/or

_____ disclose the following protected health information to the following entity:

Information to be used or disclosed:

Date of service: _____

Type of service: _____

Level of detail to be released: _____

Origin of information: _____

This protected health information is being used or disclosed for the following purposes:

This authorization shall be in force and effect until _____,
at which time this authorization to use or disclose this protected health information expires.

I understand that I have the right to revoke this authorization, in writing, at any time by sending such written notification to the Privacy Officer of the Chiropractor, at 4720 Peachtree Industrial Blvd. Suite 104, Norcross, GA 30071. I understand that a revocation is not effective to the extent that Chiropractor has relied on the use or disclosure of the protected health information. I understand that information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and may no longer be protected by federal or state law.

Chiropractor will not condition my treatment, payment, enrollment in a health plan, or eligibility for benefits (if applicable) on whether I provide authorization for the requested use or disclosure.

I understand that I have the right to inspect or copy the protected health information to be used or disclosed as permitted under federal law (or state law to the extent the state law provides greater access rights) and/or to refuse to sign this authorization.

Signature of Patient or Personal Representative

Printed Name of Patient

Date of Signing

Description of Personal Representative's Authority

Personal Injury Consultation Form
Forma para consultar su Lesion Personal

Name: _____
Nombre: _____

Date: _____
Fecha: _____

Date of Accident: _____
Dia que ocurrio el accidente: _____

1. At impact did you experience a flash in your head? _____ Yes / Si
Cuando recibio el impacto siento mareo o calentura? _____ No / No

Did you lose consciousness? _____ Yes / Si
Perdio el conocimiento? _____ No / No

2. Immediately following the accident how did you feel?
Inmediatamente siguiendo el accidente como se sintio, explique por favor?

Did you become? (Please circle)

Que ha sentido? (Por favor circule sus respuestas)

Confused/ Confundido, Disoriented/ Desorientado, Light headed/ Mareado, Nauseated/ Nauseas,
Blurred vision/ Vision borrosa, Ringing/Buzzing in ears/ Zumbido en los timpanos

3. Are you currently experiencing? (Please circle)

Que esta actualmente experimentando? (Por Favor circule su respuesta)

Restlessness/ Inquietud, Irritable/ Irritabilidad, Difficulty concentrating and remembering/ Dificultad para
concentrarse y recorder, Sleeplessness / Insomnio, Forgetfulness / Olvida muy rapidamente,
Reduced tolerance to heat or cold/ No tolera el caliente ni el frio

4. Over the next few hours and days, what symptoms did you feel?
En las proximas horas y dias, que sintomas ha tenido?

5. Please tell us how your accident happened.

Cuéntenos cómo ocurrió su accidente:

6. Were you wearing a seatbelt? Estabas usando el cinturón de seguridad?

7. Was your car moving at impact?

How fast?

Su carro estaba en movimiento al recibir el impacto? _____ Yes / Si _____ No/ No Que tan rapido? _____

8. Did airbags deploy?

Which ones?

Se desplegaron los airbags? _____ Yes / Si _____ No/ No Cuáles? _____

9. Were you the driver?

If not, where were you sitting?

Eras tú el conductor? _____ Yes / Si _____ No/ No dónde estabas sentado? _____

10. Which way was your body facing at impact?

Straight

Right

Left

En que posicion estaba su cuerpo cuando recibio el impacto? _____ Derecho _____ Derecha _____ Izquierda

11. Which way was your head facing at impact?

Straight

Right

Left

En que direccion estaba su cabeza cuando recibio el impacto? _____ Derecho _____ Derecha _____ Izquierda

12. Were you surprised by the impact

Fue usted sorprendido por el impacto? _____ Yes /si _____ No / No

13. Does your car have a headrest?

Tiene su carro un cabezal? _____ Yes /si _____ No /No

14. Had this collision affected your work, hobby, or social activities?

Esta colisión afectó su trabajo, pasatiempo o actividades sociales? _____

Neck Disability Index 颈部伤害指数

Patient Name 姓名: _____

Date 日期: _____

1. Pain Intensity 疼痛强度

<input type="checkbox"/> I have no pain at the moment 我现在没有疼痛	+0
<input type="checkbox"/> The pain is very mild at the moment 目前疼痛轻微	+1
<input type="checkbox"/> The pain is moderate at the moment 目前疼痛中等	+2
<input type="checkbox"/> The pain is fairly severe at the moment 目前疼痛比较严重	+3
<input type="checkbox"/> The pain is very severe at the moment 目前疼痛非常严重	+4
<input type="checkbox"/> The pain is the worst imaginable at the moment 目前的疼痛是可以想象的最痛的程度	+5

2. Personal Care (Washing, Dressing, etc.) 个人护理 (梳洗, 穿衣等等)

<input type="checkbox"/> I can look after myself normally without causing extra pain 可以正常自理不会造成额外的疼痛	+0
<input type="checkbox"/> I can look after myself normally but it causes extra pain 可以正常自理但会造成额外的疼痛	+1
<input type="checkbox"/> It is painful to look after myself and I am slow and careful 照理自己时有疼痛, 我会缓慢而小心	+2
<input type="checkbox"/> I need some help but can manage most of my personal care 我需要一些帮助, 但大部分可以自理	+3
<input type="checkbox"/> I need help every day in most aspects of self care 我每天在自理方面大部分都需要帮助	+4
<input type="checkbox"/> I do not get dressed, I wash with difficulty and stay in bed 我无法穿衣服, 洗漱有困难, 并保持卧床	+5

3. Lifting 提重

<input type="checkbox"/> I can lift heavy weights without extra pain 我可以提重物而不会感到额外的疼痛	+0
<input type="checkbox"/> I can lift heavy weights but it gives extra pain 我可以提重物, 但会带来额外的疼痛	+1
<input type="checkbox"/> Pain prevents me lifting heavy weights off the floor, but I can manage if they are conveniently placed, for example on a table 疼痛使我无法将重物从地板上抬起, 但如果它们放在方便的位置, 比如在桌子上, 我就可以抬起	+2
<input type="checkbox"/> Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned 疼痛使我无法提起重物, 但如果它们放在方便的位置, 我可以提起轻到中等的重物	+3
<input type="checkbox"/> I can only lift very light weights 我只能提起很轻的重量	+4
<input type="checkbox"/> I cannot lift or carry anything 我无法举起或携带任何东西	+5

4. Reading 阅读

<input type="checkbox"/> I can read as much as I want to with no pain in my neck 我可以想读多少就读多少, 脖子不会感觉到疼痛	+0
<input type="checkbox"/> I can read as much as I want to with slight pain in my neck 我可以随心所欲地阅读, 但颈部会有轻微疼痛	+1
<input type="checkbox"/> I can read as much as I want with moderate pain in my neck 我可以随心所欲地阅读, 但颈部会有中度疼痛	+2
<input type="checkbox"/> I can't read as much as I want because of moderate pain in my neck 由于颈部的中度疼痛, 我无法随心所欲地阅读	+3
<input type="checkbox"/> I can't hardly read at all because of severe pain in my neck 由于颈部的剧烈疼痛, 我几乎无法阅读	+4
<input type="checkbox"/> I cannot read at all 我完全无法阅读	+5

5. Headaches 头痛

<input type="checkbox"/> I have no headaches at all 我完全没有头痛	+0
<input type="checkbox"/> I have slight headaches, which come infrequently 我有轻微的头痛, 但痛的次数很少	+1
<input type="checkbox"/> I have moderate headaches, which come infrequently 我有中度头痛, 但痛的次数很少	+2
<input type="checkbox"/> I have moderate headaches, which come frequently 我经常出现中度头痛	+3
<input type="checkbox"/> I have severe headaches, which come frequently 我经常有严重的头痛	+4
<input type="checkbox"/> I have headaches almost all the time 我几乎总是头痛	+5

6. Concentration 专注力

<input type="checkbox"/> I can concentrate fully when I want to with no difficulty 当我需要的時候我可以毫無困難地完全集中注意力	+0
<input type="checkbox"/> I can concentrate fully when I want to with slight difficulty 当我需要的時候, 我可以完全集中注意力, 但有一點困難	+1
<input type="checkbox"/> I have a fair degree of difficulty in concentrating when I want to 当我需要集中注意力的時候, 我有相當大的困難	+2
<input type="checkbox"/> I have a lot of difficulty in concentrating when I want to 当我想要集中注意力時, 我很難集中注意力	+3
<input type="checkbox"/> I have a great deal of difficulty in concentrating when I want to 当我想要集中注意力時, 我極度難以集中注意力	+4
<input type="checkbox"/> I cannot concentrate at all 我根本無法集中注意力	+5

7. Work 工作

<input type="checkbox"/> I can do as much work as I want to 我可以工作想做多少就多少	+0
<input type="checkbox"/> I can only do my usual work, but no more 我只能做我日常的工作, 但不能做更多的事	+1
<input type="checkbox"/> I can do most of my usual work, but no more 我可以做大部分日常的工作, 但不能做更多的	+2
<input type="checkbox"/> I can't do my usual work 我無法做我日常的工作	+3
<input type="checkbox"/> I can hardly do any work at all 我幾乎無法做任何工作	+4
<input type="checkbox"/> I can't do any work at all 我根本無法做任何工作	+5

8. Driving 駕駛

<input type="checkbox"/> I can drive my car without any neck pain 我可以開車而不會感覺到頸部疼痛	+0
<input type="checkbox"/> I can drive my car as long as I want with slight pain in my neck 我可以隨心所欲地開車, 但頸部會有輕微疼痛	+1
<input type="checkbox"/> I can drive my car as long as I want with moderate pain in my neck 我可以隨心所欲地開車, 但頸部有中度疼痛	+2
<input type="checkbox"/> I can't drive my car as long as I want because of moderate pain in my neck 由於頸部中度疼痛, 我無法隨心所欲地開車	+3
<input type="checkbox"/> I can hardly drive at all because of severe pain in my neck 由於頸部劇烈疼痛, 我幾乎無法開車	+4
<input type="checkbox"/> I can't drive my car at all 我根本無法開車	+5

9. Sleeping 睡眠

<input type="checkbox"/> I have no trouble sleeping 我睡覺沒有問題	+0
<input type="checkbox"/> My sleep is slightly disturbed (less than 1 hr sleepless) 我的睡眠受到輕微干擾 (失眠時間少於1小時)	+1
<input type="checkbox"/> My sleep is mildly disturbed (1-2 hrs sleepless) 我的睡眠受到輕微干擾 (1-2小時失眠)	+2
<input type="checkbox"/> My sleep is moderately disturbed (2-3hrs sleepless) 我的睡眠受到中度干擾 (2-3小時失眠)	+3
<input type="checkbox"/> My sleep is greatly disturbed (3-5 hrs sleepless) 我的睡眠受到很大干擾 (3-5小時失眠)	+4
<input type="checkbox"/> My sleep is completely disturbed (5-7 hrs sleepless) 我的睡眠完全受到干擾 (5-7小時失眠)	+5

10. Recreation 娛樂

<input type="checkbox"/> I am able to engage in all recreational activities with no neck pain at all 我能夠參加所有娛樂活動, 頸部完全不會疼痛	+0
<input type="checkbox"/> I am able to engage in all my recreational activities, with some pain in my neck 我可以參加所有的娛樂活動, 但頸部會有些疼痛	+1
<input type="checkbox"/> I am able to engage in most, but not all of my usual recreational activities because of pain in my neck 由於頸部的疼痛, 我只能參加我的大部分日常娛樂活動	+2
<input type="checkbox"/> I am able to engage in a few of my usual recreational activities because of pain in my neck 由於頸部疼痛, 我只能參加一些日常的娛樂活動	+3
<input type="checkbox"/> I can hardly do any recreational activities because of pain in my neck 由於頸部疼痛, 我幾乎無法參加任何娛樂活動	+4
<input type="checkbox"/> I can't do any recreational activities at all 我根本無法參加任何娛樂活動	+5

Total Score:

Raw Score: Summation of Points

Raw Score: _____ Points

Percentage Score: $\frac{\text{Raw Score}}{\# \text{ Completed Questions}} * 5$

Percentage Score: _____ %

Oswestry Disability Index (ODI) 腰背痛

Patient Name: _____

Date: _____

1. Pain Intensity 疼痛強度

<input type="checkbox"/> I have no pain at the moment 我現在沒有疼痛	+0
<input type="checkbox"/> The pain is very mild at the moment 目前疼痛輕微	+1
<input type="checkbox"/> The pain is moderate at the moment 目前疼痛中等	+2
<input type="checkbox"/> The pain is fairly severe at the moment 目前疼痛相當嚴重	+3
<input type="checkbox"/> The pain is very severe at the moment 目前疼痛非常嚴重	+4
<input type="checkbox"/> The pain is the worst imaginable at the moment 目前的疼痛是可以想像到的最嚴重的程度	+5

2. Personal Care (Washing, Dressing, etc.)

个人护理 (梳洗, 穿衣等等)

<input type="checkbox"/> I can look after myself normally without causing extra pain 我可以正常自理, 不會造成額外的疼痛	+0
<input type="checkbox"/> I can look after myself normally but it causes extra pain 我可以正常自理, 但這會導致額外的疼痛	+1
<input type="checkbox"/> It is painful to look after myself and I am slow and careful 我照自理時很痛, 但我会緩慢而小心	+2
<input type="checkbox"/> I need some help but can manage most of my personal care 我需要一些幫助, 但大部分可以自理	+3
<input type="checkbox"/> I need help every day in most aspects of self-care 我每天在自理方面大多數都需要幫助	+4
<input type="checkbox"/> I do not get dressed, I wash with difficulty and stay in bed 我无法穿衣服, 洗滌有困難, 並保持卧床	+5

3. Lifting 提重

<input type="checkbox"/> I can lift heavy weights without extra pain 我可以提重物而不會感到額外的疼痛	+0
<input type="checkbox"/> I can lift heavy weights but it gives extra pain 我可以提重物, 但會帶來額外的疼痛	+1
<input type="checkbox"/> Pain prevents me lifting heavy weights off the floor, but I can manage if they are conveniently placed, for example on a table 疼痛使我無法將重物從地板上抬起, 但如果將它們放置在方便的放置, 例如在桌子上, 我就可以提起	+2
<input type="checkbox"/> Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned 疼痛使我無法舉起重物, 但如果位置方便, 我可以提起輕到中等的重量	+3
<input type="checkbox"/> I can only lift very light weights 我只能提起很輕的重量	+4
<input type="checkbox"/> I cannot lift or carry anything 我根本無法提起或搬動任何東西	+5

4. Walking 步行

<input type="checkbox"/> Pain does not prevent me walking any distance 疼痛并不妨碍我走任何距離	+0
<input type="checkbox"/> Pain prevents me from walking more than 1 mile 疼痛使我無法步行超過 1 英里	+1
<input type="checkbox"/> Pain prevents me from walking more than ½ mile 疼痛使我無法步行超過 0.5 英里	+2
<input type="checkbox"/> Pain prevents me from walking more than 100 yards 疼痛使我無法步行超過 100 碼	+3
<input type="checkbox"/> I can only walk using a stick or crutches 我只能使用拐杖走路	+4
<input type="checkbox"/> I am in bed most of the time 我大部分時間都在卧床	+5

5. Sitting 坐著

<input type="checkbox"/> I can sit in any chair as long as I like 只要我願意我可以坐在任何的椅子上和想坐多久就坐多久	+0
<input type="checkbox"/> I can only sit in my favorite chair as long as I like 我只能坐在我最喜歡的椅子上, 想坐多久就坐多久	+1
<input type="checkbox"/> Pain prevents me sitting more than 1 hour 疼痛使我無法坐著超過 1 小時	+2
<input type="checkbox"/> Pain prevents me from sitting more than 30 minutes 疼痛使我無法坐著超過 30 分鐘	+3
<input type="checkbox"/> Pain prevents me from sitting more than 10 minutes 疼痛使我無法坐著超過 10 分鐘	+4
<input type="checkbox"/> Pain prevents me from sitting at all 疼痛讓我根本無法坐下	+5

6. Standing 站立

<input type="checkbox"/> I can stand as long as I want without extra pain 我可以想站多久就站多久, 不會產生額外的疼痛	+0
<input type="checkbox"/> I can stand as long as I want but it gives me extra pain 我可以想站多久就站多久, 但會給我帶來額外的痛苦	+1
<input type="checkbox"/> Pain prevents me standing for more than 1 hour 疼痛使我無法站立超過 1 小時	+2
<input type="checkbox"/> Pain prevents me from standing for more than 30 minutes 疼痛使我無法站立超過 30 分鐘	+3
<input type="checkbox"/> Pain prevents me from standing for more than 10 minutes 疼痛使我無法站立超過 10 分鐘	+4
<input type="checkbox"/> Pain prevents me from standing at all 疼痛讓我根本無法站立	+5

7. Sleeping 睡眠

<input type="checkbox"/> My sleep is never disturbed by pain 我的睡眠不被疼痛打擾	+0
<input type="checkbox"/> My sleep is occasionally disturbed by pain 我的睡眠偶爾會因疼痛而受到干擾	+1
<input type="checkbox"/> Because of pain I have less than 6 hours sleep 由於疼痛，我的睡眠時間不足 6 小時	+2
<input type="checkbox"/> Because of pain I have less than 4 hours sleep 由於疼痛，我的睡眠時間不足 4 小時	+3
<input type="checkbox"/> Because of pain I have less than 2 hours sleep 因為疼痛我的睡眠時間不足 2 小時	+4
<input type="checkbox"/> Pain prevents me from sleeping at all 疼痛讓我根本無法入睡	+5

8. Sex life (if applicable) 性生活 (如果適用)

<input type="checkbox"/> My sex life is normal and causes no extra pain 我的性生活正常，沒有引起額外的疼痛	+0
<input type="checkbox"/> My sex life is normal but causes some extra pain 我的性生活正常，但會引起一些額外的疼痛	+1
<input type="checkbox"/> My sex life is nearly normal but is very painful 我的性生活幾乎正常，但非常痛苦	+2
<input type="checkbox"/> My sex life is severely restricted by pain 我的性生活受到疼痛的嚴重限制	+3
<input type="checkbox"/> My sex life is nearly absent because of pain 由於疼痛，我幾乎無法有性生活	+4
<input type="checkbox"/> Pain prevents any sex life at all 由於疼痛，根本無法進行任何性生活	+5

9. Social life 社交生活

<input type="checkbox"/> My social life is normal and gives me no extra pain 我可以正常社交，不會給我帶來額外的疼痛	+0
<input type="checkbox"/> My social life is normal but increases the degree of pain 我的社交生活正常，但會增加痛苦程度	+1
<input type="checkbox"/> Pain has no significant effect on my social life apart from limiting my more energetic interests, for example sport 疼痛除了限制了我喜歡的有活力的活動（比如運動）之外，沒有嚴重影響我的社交生活	+2
<input type="checkbox"/> Pain has restricted my social life and I do not go out as often 疼痛限制了我的社交生活，我無法經常外出	+3
<input type="checkbox"/> Pain has restricted my social life to my home 疼痛將我的社交生活限制在家裡	+4
<input type="checkbox"/> I have no social life because of pain 由於疼痛我沒有社交生活	+5

10. Travelling 旅行

<input type="checkbox"/> I can travel anywhere without pain 我可以毫無疼痛地 去任何地方	+0
<input type="checkbox"/> I can travel anywhere but it gives me extra pain 我可以去任何地方旅行，但會給我帶來額外的疼痛	+1
<input type="checkbox"/> Pain is bad but I manage journeys over two hours 疼痛很嚴重，但我可以堅持兩個多小時的旅程	+2
<input type="checkbox"/> Pain restricts me to journeys of less than 1 hour 疼痛限制我的行程不能超過 1 小時	+3
<input type="checkbox"/> Pain restricts me to short necessary journeys under 30 minutes 疼痛限制我出行，如有必要，只可以進行 30 分鐘以內的短途旅行	+4
<input type="checkbox"/> Pain prevents me from traveling except to receive treatment 疼痛妨礙我出行，除了去接收治療	+5

Scoring Instructions:

Raw Score: Summation of Points

Raw Score: _____ Points

Percentage Score: $\frac{\text{Raw Score}}{\# \text{ Completed Questions } * 5}$

Percentage Score: _____ %

**Patient
Insurance
Information**
病人保險資料

Please check any and all insurance coverage you or your spouse has applicable in this case.

請填寫任何及所有保險您或您的配偶適用於這種事例。

- Auto accident 車禍意外
- BCBS 藍十字藍盾
- Major Medical 病醫療保險
- Worker's Compensation 工人賠償金
- Other 其它

Insurance Identification #

保險標識號碼: _____

Date of Accident

事故日期: _____

Insurance Name

保險名稱: _____

Policy #

保單號碼: _____

Address/Phone

地址 / 電話號碼 _____

Adjuster

險損估計人: _____

Claim#

索賠號碼: _____

Name of Attorney

律師姓名: _____

Phone #

電話號碼: _____

Address

地址: _____

Pregnant: Yes 是

懷孕: No 不是

Pacemaker: Yes 是

起搏器: No 不是

Family Physician and Phone Number

家庭醫生名字和電話: _____

**Medical and
Legal
Information**
醫療和法律資
料

**Patient
Agreement**
病人協議

Assignment and Release

I, the undersigned, have insurance coverage with _____ and assign directly to HealthTrac Family Wellness, Inc all medical benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the doctor to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all my insurance submissions.

分配和釋放

我, 簽署人, 在 _____ 保險公司有保險範圍和, 如果有的話, 直接分配所有的醫療福利給 HealthTrac Family Wellness Inc, 否則支付給我提供的服務。我明白我要負責所有的財務費用是否支付保險。本人批准醫生釋放所有必要信息來確保支付保險賠償。本人批准使用此簽名我所有的保險意見書。

Signature of Insured/Guardian

保險人 / 監護人簽名

Doctor's Lien
Medico Embargo

Claim# _____ **Date of Accident**
Numero De Reclamo: _____ *Fecha del accidente:* _____

Patient Name _____ **Insured Name**
Nombre del Paciente: _____ *Nombre del asegurado:* _____

Attorney
Abogado: _____

I hereby authorize and direct my attorney, insurance company or liability insurance adjustor to promptly pay Dr. Hui any monies due and owing him for medical fees incurred either from this accident or by reason of any other bills that are due to his office and to withhold such sums from any settlement, judgement or verdict as may be necessary to adequately protect and fully compensate said doctor.

Yo por este medio autorizo directamente a mi abogado, aseguranza, ajustador a pagarle prontamente al Dr. Hui cualquier dinero que provenga de mis gastos medicos ocasionados por el accidente or por cualquier razon por la que haya que pagar los recargos medicos retenidos como asentamiento, juicio o veredicto y lo que sea necesario para adecuadamente proteger el pago del doctor.

I fully understand that I am directly and fully responsible to Dr. Hui for all fees incurred in his office. This agreement is made solely for the doctor's additional protection. I further understand that such payment is not contingent on any settlement, judgement, or verdict by which I may eventually recover said fees.

Yo completamente entiendo que solo yo directamente soy responsable de todos los gastos incurridos en la oficina del Dr. Hui. Este acuerdo se hace unicamente para adicional proteccion para el doctor.

I authorize Dr. Hui to furnish to any attorney, insurance company or adjustor with any and all medical and/or financial information as requested.

Yo autorizo a Dr. Hui a proporcionar, a la compania aseguradora o el ajustador con cualquier detalle medico o financiero que ellos requieran.

I agree that Dr. Hui be given Power of Attorney to endorse/sign my name on any and all checks for payment of my medical bill.

Yo acuerdo al Dr. Hui adarle el poder de fimar con mi nombre cualquier cheque para los pagos de los biles medicos.

I understand that this lien is effective for up to five years after my last office visit.

Yo entiendo que esta conexion es efectiva por mas de cinco anos despues de mi ultima visita.

A photocopy of this agreement shall be considered as effective and valid as the original.

Una fotocopia de este acuerdo es considerado tan efectivo y valido como la original.

Patient Signature
Firma: _____

Date
Fecha: _____

The undersigned being either the attorney or insurance company representative of record for the above patient does hereby agree to observe all the terms of the above and agree to withhold such sums from any settlement, judgement or verdict as may be necessary to adequately protect Dr. George Chi Hui, D.C.

Attorney's Signature: _____ Date: _____

IRREVOCABLE ESCROW INSTRUCTION
AND AGREEMENT

The undersigned patient (hereinafter "Patient") in order to induce HealthTrac Family Wellness (hereinafter the "Provider") to extend credit to the Patient, hereby irrevocable instruct my attorney and escrow agent, to pay to Provider the full amount of any bill for services rendered by the Provider, from the proceeds of my personal injury settlement or award within ten (10) days of receipt by him of same, excepting time for any negotiable instrument to clear.

The escrow instruction and agreement is irrevocable by me and is being used to include the Provider to provide continued medical services from my accident.

Patient Signature

Patient Name and Address

Understood and agreed to by:

Dated:

HealthTrac Family Wellness

Dated:

Provider Signature

By: _____

Its: _____

HealthTrac Family Wellness

NO SHOW / CANCELLATION POLICY

Our goal is to meet the needs of our patients and we will make every effort to efficiently schedule your appointments. **In return, it is your responsibility to make every effort to keep your scheduled appointments and arrive promptly at the time instructed.** However, we realize that unanticipated events may prevent you from keeping your appointment. In fairness and consideration to our other patients, we hereby request that you notify our office immediately when you realize you will not be able to keep your appointment.

If you need to cancel or reschedule your appointment, you must do so **at least 24 hours before your scheduled office appointment** to avoid paying a fee. In an effort to see patients promptly at the schedule time, this office does not double-book appointments; therefore, the 24 hour notification is necessary so that we may schedule other patients needing immediate appointments.

Missed office appointment fee is \$50.00

****Fees are not covered by insurance and must be paid before you can reschedule your appointment.**

我們的目標是滿足患者的需求，我們將盡一切努力有效地安排您的預約。同時，您也有責任盡一切努力保持預定的預約，並在約定的時間及時到達。但是，我們意識到，突發事件可能會妨礙您準時到達您的預約。出於對我們其他患者的公平和考慮，我們特此請求您，當您意識到無法準時到達預約時，應立即通知我們診所。

如果您需要取消或重新安排預約，則必須在預約時間的至少 24 小時前取消或重新安排預約，以免支付費用。為了及時在安排的時間看病人，本診所不重複預約。因此，有必要提前 24 小時通知我們，以便我們安排其他有需要立即預約的患者。錯過預約需支付費用如下：\$50.00。

****費用不在保險包含範圍之內，必須在重新安排預約之前支付。**

*Nuestro objetivo es satisfacer las necesidades de nuestros pacientes y haremos todo lo posible para programar sus citas de manera eficiente. **A cambio, es su responsabilidad hacer todo lo posible para cumplir con sus citas programada y llegar puntualmente a la hora indicada.** Sin embargo, nos damos cuenta de que los eventos imprevistos pueden impedir que cumpla con su cita. Para ser justos y considerados con nuestros otros pacientes, le solicitamos que notifique a nuestra oficina de inmediato cuando se dé cuenta de que no podrá asistir a su cita.*

*Si necesita cancelar o reprogramar su cita, debe hacerlo **al menos 24 horas antes de su cita programada para evitar pagar una tarifa.** En un esfuerzo por ver a los pacientes puntualmente a la hora programada, este consultorio no reserva citas dobles; por lo tanto, la notificación de 24 horas es necesaria para que podamos programar otros pacientes que necesiten citas inmediatas.*

La cuota para una cita perdida es: \$ 50.00

**** Las tarifas no están cubiertas por el seguro y deben pagarse antes de que pueda reprogramar su cita.**

Patient Signature / 病人签名 / Firma del paciente

Date / 日期 / Fecha

HealthTrac Family Wellness

NO SHOW / CANCELLATION POLICY

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*Si necesita cancelar o reprogramar su cita, debe hacerlo **al menos 24 horas antes de su cita programada para evitar pagar una tarifa.** En un esfuerzo por ver a los pacientes puntualmente a la hora programada, este consultorio no reserva citas dobles; por lo tanto, la notificación de 24 horas es necesaria para que podamos programar otros pacientes que necesiten citas inmediatas.*

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